Somnology Wins "Best Sleep Monitoring Solution" Award in 2021 MedTech Breakthrough Awards Program
Annual Awards Program Recognizes Outstanding Health & Medical Technology Products and Companies

REDWOOD CITY, Calif., – May 6, 2021 – Somnology, a premier sleep monitoring digital health enterprise assisting a global population affected by sleep disorders, today announced that it has been selected as the winner of the "Best Sleep Monitoring Solution" award in the fifth annual MedTech Breakthrough Awards program conducted by MedTech Breakthrough, an independent market intelligence organization that recognizes the top companies, technologies and products in the global health and medical technology market.

Somnology offers a holistic sleep solution that leverages the convenience of wearable sleep devices to collect and transmit data to an integrated sleep care platform known as "SLaaS™," or sleep lab-as-a-service — which dispatches data to sleep specialists across the country. Specialists analyze droves of data, processed through the platform, to isolate biometric patterns indicative of sleep disorders. After this rigorous process, sleep specialists connect with individuals via a telehealth consultation to recommend next steps, from ongoing appointments and exercise modifications to more comprehensive interventions.

"While wearable sleep tracking applications embedded in pricey smartwatches or rings can track the duration and quality of sleep, they can't diagnose major clinical issues like sleep apnea," said Patrick Yam, CEO of Somnology. "And with 70 million people affected by sleep disorders and a limited 7,500 board certified sleep physicians, the process of actual diagnosis is a challenge. We are proud to tackle this issue head-on and this 2021 MedTech Breakthrough Award is a fantastic validation of our hard work and innovation in this space."

The mission of the MedTech Breakthrough Awards is to honor excellence and recognize the innovation, hard work and success in a range of health and medical technology categories, including Robotics, Clinical Administration, Telehealth, Patient Engagement, Electronic Health Records (EHR), mHealth, Medical Devices, Medical Data and many more. This year's program attracted more than 3,850 nominations from over 17 different countries throughout the world.

"Sleep plays an essential role in our overall health and Somnology is driving breakthrough innovation to address the myriad of sleep issues we experience, building solutions that are affordable and accessible for the millions of individuals in the who suffer from poor sleep health," said James Johnson, managing director, MedTech Breakthrough. "From professionals in high-stress environments to veterans and athletes and everyone in-between, Somnology is making it more accessible and affordable to monitor and diagnose sleep factors in detail. We extend our heartfelt congratulations to the entire team at Somnology for winning our 'Best Sleep Monitoring Solution' award."

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About Somnology, Inc.

Somnology, Inc. www.SomnologyMD.com, based in Redwood City, California, is a leading medical enterprise focused on the illumination and monitoring of sleep disorders. Somnology is dedicated to creating mobile, interactive solutions that empower patients to get the best night's sleep for health and optimum performance. Somnology IDTF offers a more holistic and comprehensive care plan for patients, rooted in improving both patient outcomes and financial costs. For more information about Somnology, visit www.somnologymd.com.

About MedTech Breakthrough

Part of Tech Breakthrough, a leading market intelligence and recognition platform for global technology innovation and leadership, the MedTech Breakthrough Awards program is an independent program devoted to honoring excellence in medical and health related technology companies, products, services and people. The MedTech Breakthrough Awards provide a platform for public recognition around the achievements of breakthrough health and medical companies and products in categories that include Patient Engagement, mHealth, Health & Fitness, Clinical Administration, Healthcare IoT, Medical Data, Healthcare Cybersecurity and more. For more information visit MedTechBreakthrough.com.